



Missions trip 2018
Uganda & Kenya

The Journey of Hope begins ...

An African proverb says "If you want to travel fast, travel alone, if you want to travel far, travel in company," in the company of like minded people that share the vision, dream like you and feel what you feel. This was what happened in November 2017, the vision of Fresh Inspiration mission trip was shared, people came onboard and the journey started, on the solid foundation of the prayer group from the onset.

We knew from the onset, that this mission trip would strengthen and enliven the faith of those we served as well as those of us who served through personal sacrifice and hands-on service, reflecting the love of Christ that restores pride, hope and joy to all. This is so true. The journey involved 18 people of various professional backgrounds, who were self sponsored and who raised funds from donors for resources that were to be donated to people in Uganda and Kenya. 10 days of excitement and adventure where we:

- Served in 10 different organisations across Kenya and Uganda
- Worked on 11 community projects for both women and children organisations
- Delivered messages of encouragement and hope at 11 meetings including to over 600 men and women in Jinja main prison and more than 50 street children in Jinja
- Actively participated in 3 schools in Kibera, the largest urban slum in Africa and planted some trees.
- Had a session with Kenya Red Cross
- Engaged some of the poorest and remote fishing communities on the shores of Lake Victoria.

All the organisations we served received cash donations along with the resources for their daily needs, skills and craft tools and materials, books , clothing, and much more. All the resource and cash donations were greatly appreciated and they will be put to good use, transforming lives and communities. All these were possible because people gave from the generosity of their hearts and conviction that every life matters. Through these donations, we raised almost five thousands pounds (£5,000). We say a big thank you to all our donors .

Apart from the financial and material sacrifice, there was the physical endurance of hard labour, short nights, long travels and hot weather. What can we say about team work? The spirit was excellent , love of Christ demonstrated, caring and sharing, looking out for one another, even though, this was the first time the team spent so long together. Well done to all. There are many more trips ahead.

We will like to appreciate the support of all our hosts through the journey across Uganda and Kenya, especially our transporters and guide, James, Davin, David, Joseph and Dominic, well done.

*Follow the stones,
see the faces,
feel their hearts
share the Love.*

From MK

We gathered at MK College at about 12:30pm; There was enthusiasm, eagerness, colourful t-shirts and a lot of bags... 14 fully packed resource bags, 19 pieces of individual luggage, loads of backpacks and neck pillows and yes, the ladies couldn't resist that extra hand bag. Somehow, we managed to load all these into our coach and found ourselves in Heathrow Terminal 4 in quicker time than we anticipated, thanks to our coach driver.



At the airport

Checking in 33 bags and getting 18 people with various degrees of hand luggage through security is an interesting experience as we discovered.... seamless isn't quite the way I'd describe it, but we did it successfully and got on that plane, and thus we began our great adventure; our first FI Mission trip. I don't think most of us knew what to expect but there was a sense that we all trusted God to lead the way. And there was evening in London and morning in Nairobi as we began Day 1 of our mission trip.



Entebbe to Kampala

We got to Entebbe and realised we still had our 33 pieces of luggage and 18 people to contend with, however, we did finally make it out of the airport. The team work was amazing and considering that some of us in the group had never worked together in this way before, this was a sign of good things to come. I remember seeing the coach that was going to be our means of transport for our time in Uganda and wondering how on Earth we'd fit our bags and us into it, but, fit we did.

Kampala to Katosi

After our brunch in Kampala, we headed out to Katosi where we found a full spread lunch awaiting us; this is where we got our first introduction to Matoke and peanut sauce, nice local delicacies.



Warm welcome at KWDT Office Kampala

It was then time to make our way to Kampala and to our first appointment. We arrived at our pre-arranged breakfast at the Katosi Women Development Trust (KWDT) Office at lunch time. Here we met Margaret, the director of KWDT and her team who welcomed us warmly, gave us a nice brunch and told us about KWDT's work in the community.



KWDT Women's Group at Muwumuza

We visited one of the women's groups that KWDT supports and we were able to see their organisation, their book keeping and hear more about the projects they undertake and support to help the women become more self-sufficient.



KWDT Women's Group

This group was located in the centre of town. We discussed their vision and business ideas and their activities towards empowerment. The women made yogurt, body cream, insect repellent, jewellery and several crafts.



Self Sustaining Journey

Lydia, one woman and her cow

In her home we saw an example of how the KWDT initiatives (including the biogas tank, water tank, animals, toilets and sanitation principles) were working effectively and how they had enabled Lydia to become self-sufficient from one cow sending three of her children to university, despite being a single mum.



Construction Ecological Sanitation (EcoSan) Toilet System

The team took part in the construction of the toilet for a fishing village with about 300 households without toilets. This communal toilet is part of the hygiene and sanitation initiatives in the community. This type of toilet is considered to be more beneficial and sustainable in the community. It allows for the safe recycling of nutrients to crop production in such a way that reduces the use of non-renewable resources.

KWDT BioGas Digester Tank Construction project

The team helped with construction of a biogas tank. This was done on the site where we were staying. Biogas is methane that is generated from cow dung. The tank stores the methane, which is then piped into the home as fuel for cooking.



KWDT Water Tank Construction Project

The team joined in the construction of a water tank. This was being done in a local woman's home and one of the leaders of a group we met the day before was the contractor for this project. The tanks are used to harvest rainwater which is then used in the home and the farm. Tanks are usually 10000 litre capacity for homes and 20000 for schools. Construction of a tank will usually take one week in the dry season; everything stops when it rains.



KWDT Mpenja Fishing Community

We drove for about 2 hours to Mpenja where KWDT started working with the community to address issues around sanitation and self-sufficiency, especially among their women. This community recently constructed a community toilet with the help of KWDT. As we discussed with the community we identified issues around access to healthcare, family planning and education in general. We found out a lot of the men (mainly fishermen by trade) were unemployed due to new government fishing rules and a lot of young ladies had dropped out of school due to teenage pregnancies. The experience was an eye opener and even as we prayed and encouraged the people, we were made acutely aware of other needs that are still out there.



Impact recap...

Sunny, rainy Saturday morning, with enlightened minds and changed hearts full of hope for the future of Katosi women and the wonderful works KWDT is doing. We had breakfast and devotion with KWDT staff on site, rubbed minds together and shared visions of a brighter future. The joint recap with the women's groups and FI was attended by over 20 representatives of different women's groups, they poured their hearts out in appreciation and full of hope. Margaret and Leonard shared KWDT vision with FI, it was productive and inspiring. FI presented the bag of resources and cash donation to KWDT.



Reflections from givers of time and money ...

"Seeing the lives that have been transformed and are being transformed by the action of one person who founded the women groups especially seeing the process of the production of the biogas and the uses in an individual's house" - **Remi**

"A single woman with a vision transforming her community, her dedication attracting such support and seeing how things are developing and ramping up. A lot of work still to be done but left with every confidence that her dream is achievable if we add our little it will make a massive impact." - **Vinuyon**

"The zeal and hunger to make a valued difference by Margaret is amazing. The heart to be used for service to humanity was undoubtably clear....God used our visit to open the hearts of the women and men to welcome her drive and offer ideas for future developments to extents we/she did not expect." -

Regina

Road to Jinja

On Saturday, just before midday, we headed to Jinja, a city about 2 hours drive from Katosi where we were scheduled to meet a team from Support and Love Via Education (S.A.L.V.E.), an organisation that works with street children in Jinja and HEAL ministries who run a drop in on Saturdays for children within the area.

Support and Love Via Education (S.A.L.V.E.) Street Children of Jinja

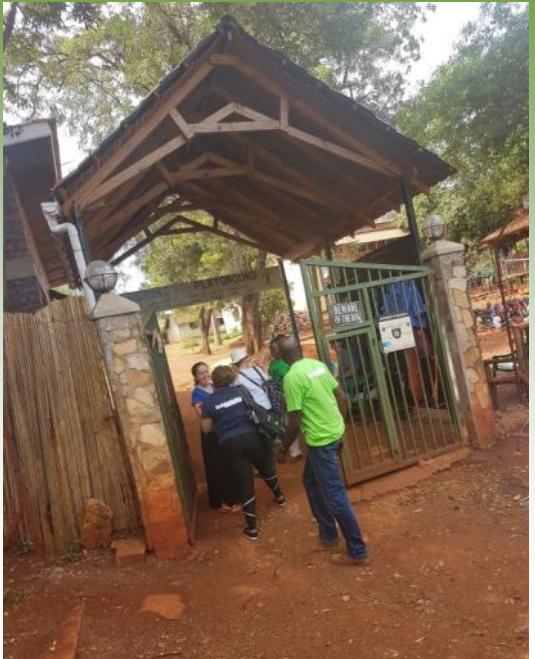
Our team met with the S.A.L.V.E. workers (Alfred, David, Brenda & Tabitha) and more than 50 young street children in an open field in central Jinja. The children were already gathered, and some were playing when we arrived but unfortunately, some (as we later discovered), were high from sniffing aviation fuel. The children introduced themselves as we chatted and it was interesting to hear a lot of them say that they wanted to be pilots. As we had a pilot (Seni) on our team, he was the first to speak to the children about what it was like being a pilot. The rest of us also introduced ourselves and it was great to hear them engage with us and ask questions about what we told them.

Later, Fola spoke to the children about Jesus and told the story of the prodigal son who ended up on the street and how the father loved and accepted him when he came back home. When Fola made an alter call, many of the children prayed to accept Jesus as their saviour.

Our team then spent some time talking and praying one-on-one with the children; it was our opportunity to hear their stories, encourage, pray and share Christian literature with them. Our time with them ended with us sharing out some food and soda to them and taking pictures.



Day 3 Jinja



HEAL Ministries

Heal Ministries works to empower vulnerable, abandoned women and children in Christ centred programmes that teach sustainability and family preservation. The ministry runs Kids play session every Saturday for children of ages ranging from about 9 months to 12 years. During the session, the children get to play, are provided a meal (porridge and egg), which for some may be the only meal of the day, after which they sit in small groups for story and bible time. At the end of the session, we formed a human tunnel through which the kids walked out the gates with the new memory verses from the story time and sweets and popcorn. It was lovely and at the same time heart breaking to see these young children walk out to the streets making their way home without any adult supervision; some of the children playing caring roles for babies and younger children. FI donated cash and resources for the children .



Wells of Hope—Prison Visit

The visit to the Jinja main prison was organised by Wells of Hope ministries. This is a Christian non-profit organisation which reaches out to victims of crime, prisoners, their children and their families. Our team led the Sunday service in the men's prison which was attended by more than 600 inmates and heard by the 1400 prisoners. The team was surprised at the vibrancy of worship in a place where most people would consider their situation as hopeless. This was followed by discussions with the warden about the conditions in the prison and what could be done to help inmates.

The next stop for the team was the women's prison. Here they were led service and prayers with women who were in prison with their very young children because there was no family on the outside to take responsibility for their care. Many of the women had been abandoned by partners, families and friends. Again, discussions took place about the conditions of the women what FI could potentially do to help

FI presented bags of resources to both men's and women's prisons and cash donation to Wells of Hope.

Respected the culture. Dressed appropriately.



Dreams Children Ministries

Part of the team worshipped with Pastor David, the pastor and founder of Dreams Ministries. The worship was vibrant and the people welcoming and engaging. It was particularly great to hear the children's special numbers and memory verses; The children were all looking very happy and well kept and we did not realise at the time, that these were the same children who lived in the orphanage. Some members of the FI team helped in the Children's service and Sister Vinuyon Ramos (FI Member) delivered the sermon for the day in the adult service.

After the service, we had a brain storming session with the women of the church who are looking to embark on a business venture together. We discussed their ideas, made suggestions and then asked them to provide FI with their business plan for follow up through their pastor. By the end of this session, the team who went to the prison had returned and we were all able to go as one group to visit the orphanage.

At the orphanage, the children welcomed us with songs (such vibrant voices and happy faces). We then heard how the vision for dreams came about, took a tour of the building and discussed their plans. Pastor David, who started the ministry was an orphan and it was encouraging to see his efforts to do something for children who are in the situation he once found himself in.

FI presented bags of resources for the children and cash donation to the ministry



W.I.E.D Buwenda Village

The day started with a quick breakfast, breaking of bread and a briefing about the project we would be working on for the day. The day was dedicated to Women Integrated Empowerment Development (WIED). WIED is a community-based organisation that helps women restore their spiritual and moral strength and fight against poverty, ignorance and disease through sustainable livelihood approaches that promote self-reliance and community empowerment. Dorothy Wakabi, the secretary of the organisation, who delivered the briefing, explained that we would be working in Buwenda, a village located very close to the banks of the Nile. Many of the women we would be working with are living with HIV and we would be splitting into different teams to cover various projects.



W.I.E.D— Cow Horn Ornament Workshop

We visited their cow horn workshop and saw the end to end process in making the cow horn ornaments and variety of products on display. The leaders explained that this is a relatively new venture for them and they plan to expand this as a source of income for the women.. The team was not trained to use the machinery for health and safety reason but participated in prepping the cow horns for processing and making jewellery. The team also helped with design and marketing ideas for the products.



W.I.E.D - Vegetable Garden

A group of FI members worked on a gardening project where they helped prepare the soil for planting and helped create a system that made the planting process much faster. Whilst there, the team prayed for the village women and led them to Christ.

W.I.E.D - Laying Foundation of the Training Centre

Some FI members worked on the construction site for the new WIED headquarters. They helped lay the foundation, carry bricks and supported other construction site activities.



W.I.E.D - Piggery Repairs

Another group of FI members worked with a team of local helpers to repair a piggery and construct a hand washing mechanism. The piggery is a wooden structure which has to be repaired about once a year. Whilst there, our team discussed the possibility of a more permanent structure for the pigs, but the locals highlighted the fact that a lack of finances was a big barrier to that solution.

Day 5 Jinja contd. ...



W.I.E.D. - Reception, Exhortation and rubbing of minds

After working on the projects, we sat down with the Buwenda women and shared lunch and conversations with them. Fola gave an exhortation from Acts 3 and told the women that regardless of what we brought to them on the day, it is Jesus who can make a lasting change in their lives. We also prayed with the women and rubbed minds with them about how to further enhance what they do with their crafts, getting funding and marketing their products

Reflections ...

Jinja had been a wonderful experience, challenging and encouraging at the same time. In places we'd seen a level of need that was sometimes heart-breaking, but alongside this, we'd also seen people determined to make a difference where they were.

Here are some highlights and comments from the FI team on their experiences in Jinja:

"I have come to appreciate how very little in terms of strength and resources hasn't constituted an impediment to their faith and positive strides to their mission... Seeing how God has used the little we took to them, prayers offered for them, the strength of our collective efforts to move them forward in their endeavour, gladdens and uplifts me in enormous ways." - **Regina**

"Hearing how the support of the Wells of Hope ministry is helping to break the cycle of criminal families by giving the children education. The joy on the faces of the fathers whose children's school fees are being paid by the ministry was very inspiring. At the female prison touching the hearts of the women by advising them to pray for their children that they cannot reach physically" - **Remi**

Dreams Children's Ministry – During the Sunday worship... "telling them that they are special to God and He is able to fulfil their future ambitions. It was another eventful day for us and many were moved by the resilience and determination showed by the women we met, certainly something that got us thinking about ways in which we could further support their efforts." .—**Tola**

This brought us to the end of another day and it was evening in Jinja with a lot to reflect on the sixth day is scheduled to start at 5am for 7 hours drive to Lira

Early Rise for Lira - 7 hours on the road and a warm welcome

Breakfast at 5am, and at 6am we started our 7-8-hour road trip to LightForce International in Lira, Northern Uganda. LightForce has worked in the area since 2004, supporting the rebuilding of the community after the civil war. We arrived at LightForce at about 1pm and were welcomed by George Ridley, the director and other members of staff.





LightForce International, Lira

We had a tour of the LightForce sites and facilities led by Andrew, the assistant director. During the tour, we saw the accommodation for the LightForce children's lodge, the nursery and primary schools, the technical and agricultural school, farms, the health centre, the piggery and poultry. It was interesting to see the organisation's schemes to generate its own income and be as self sustaining as possible.

After dinner, we had a lovely time of devotion with the children; there was a lot of vibrant singing and an encouragement to be thankful. We had the opportunity to interact with the children afterwards and discovered that some of them knew some of our children who had been on a mission trip to visit them sometime earlier this year.

After devotion, we helped the children with their homework; ad then, there was no light, the solar generated electricity ran out, so we continued with flash lights.

LightForce - Maize and Sunflower Mill

Breakfast at 7.30am and a briefing from George about our activities for the day. We were split into 3 teams to join in with different aspects of the work that LightForce does on a day to day basis. Apart from these 3 teams, the nurse in our midst went to help in the health centre



LightForce - School

went to work in the nursery and primary school. There, the team helped the teachers with lessons for the children and supported them with their reading.

LightForce - Community Support

went out into the community in Lira where there they helped the locals with any jobs they were doing and took the opportunity to talk to the people about Jesus. The team helped an elderly lady to make bricks, prayed for a lady that was sick and worked in her garden showing her how to weed her crops and helped an elderly woman peel her potatoes. The woman in the garden was so excited she sang praises to God and asked for a bible (which we arranged for her) and the team gave one of the elderly lady some clothes and also prayed for her and her family.



LightForce - Pig Farm

worked in the mill and helped with construction. Some in the team helped to mill sunflower seeds and corn for the animals and chop up elephant grass for the goats. A member of the team went with George to buy construction materials, whilst another member of the team helped with the construction of a piggery

Reflections ...

Our stay in Lira was short but sweet and we are so grateful to the people we met there. We were also very encouraged by the vision of LightForce. May the Lord continue to empower this great vision. Here are some highlights and comments from the FI team on their experiences in Lira

“Enjoyed reading with the children and building their self confidence in their abilities at the LightForce school in Lira.”—**Tola**

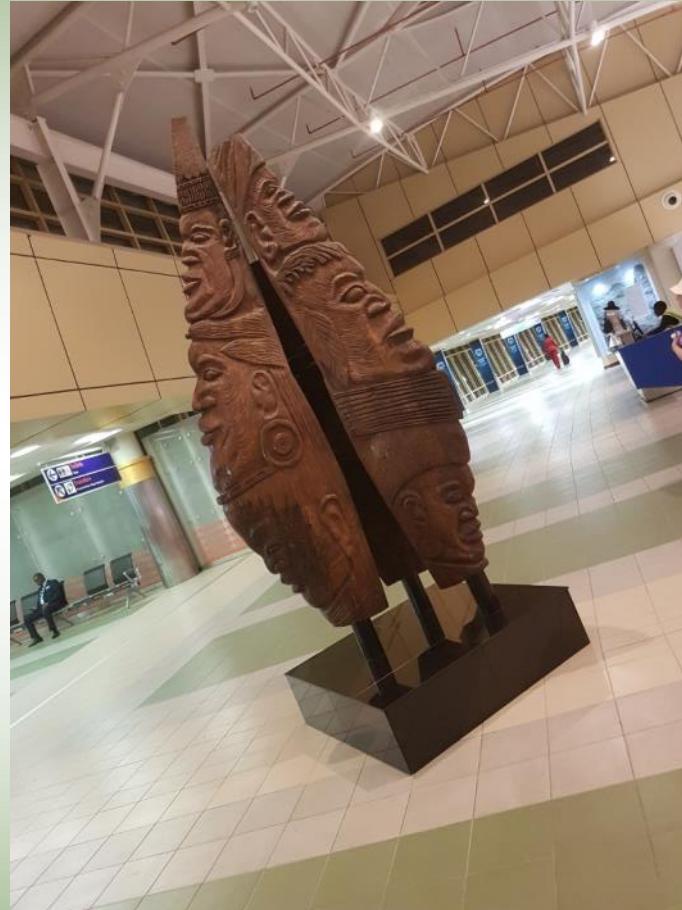
“I enjoyed the personal interaction with the community, because it came with the benefit of seeing instantaneous impact being made. A direct display of God’s love in making a difference in their livelihood, be it weeding a farm or making bricks to sell.” - **Uzo**

“Was Intrigued by LightForce and could see impact of the youth (her son included) who went there earlier in the year.” — **Matilda**

Night ride to Entebbe

We left Lira at about 5pm in the evening and set out on our journey to Entebbe to catch our early morning flight out to Nairobi, Kenya. We met a lot of interesting things on our way including very bumpy roads, beautiful but dangerous looking water falls, vehicles driven with no lights, termite swarms and much more... but somehow between the good music and snacks that magically appeared from people's bags, we made our way to Entebbe in relatively good spirits. And let's not forget our driver James, who I believe thoroughly deserved the ovation we gave him when we arrived at Entebbe International Airport. We felt sad parting from him and our guide Davine; both had been exceptional and had helped make our stay in Uganda a memorable one, we wish them all the best for the future.

We checked in our bags and awaited our flight to Nairobi, Kenya, the last leg of our mission trip; It would soon be dawn – a new day, a new country. And it was evening in Uganda and Morning in Kenya as we entered the eighth day.



Good Morning Kenya

We arrived in Nairobi at about 5am in the morning, it had been just an hour's flight from Entebbe. Many of us hadn't managed much sleep during our overnight travel and so the bus ride from the airport to the guest house was filled with musical sounds of the sleeping sort. The guest house was lovely but we had a full itinerary for the day so there was no time for us appreciate those inviting, very well-made beds. So, it was a quick freshen up, breakfast and straight to the business of the day with the wonderful Terry as our guide.



Nairobi - Kenya Red Cross

Although our meeting started later than planned, we were still able to get a good picture of their work in Kenya and the region and their vision for the future. One of the fascinating things we encountered in their presentation was their work towards self-reliance through several income generating schemes. One of these was their ambulance service which they said consisted of up to 128 ambulances covering the whole of Kenya including the rural areas. Unbeknown to us, we would test the resilience of this service later in the day. It was very pleasing to see and hear, how

people with a common goal and vision can work together with the government in creating a supportive structure that is strategically placed to make a difference in people's lives. A support unit dedicated to working with local communities to provide medical provision and quality pre-hospital care to save lives. There is a lot that other African countries can learn from Kenya's Red Cross visionary and collaboration with their government. They are even ISO 9001 certified focused on meeting customer expectations and delivering customer satisfaction.



Kibera, the largest urban slum in Africa

Kibera, one of the largest slums in the world. Kibera is home to over 770,000 people; it has its own villages, clan system and rules. Terry, our guide has been working with women and schools in Kibera for several years, working towards giving the people a way out of poverty through education. When we got to Kibera, we had to be guided to our destination in the slum in two batches and after some twists and turns and climbs, we got to our destination.





Kibera - St John's School

St John's is a community based primary school serving the vulnerable and poor children in the informal settlements of Kibera. The start to our visit was normal enough; we sat outside with the headteacher and his staff as we discussed and tried to understand their vision for the school. An incident during the visit called upon the services of our first aiders and support of our newly acquired friend at Kenya Red Cross. God made it all well in the end. We were entertained by the pupils with cultural dance performance and songs about their dreams and aspirations for a better future.

...reflecting on the events of the afternoon and grateful to God that the girl who had taken ill was fine in the end led to many emotions and questions about the school, the staff, the ambulance service and our role in it all. With very little sleep in the past 48 hours and now physically, emotionally and mentally exhausted, we dragged our tired bodies to bed; we would be back in Kibera in the morning... God had brought us this far; He'd get us to the end. And it was evening in Nairobi and morning in Nairobi as we entered the ninth day.



Kibera - Bright Star Academy

One of the teams went to Bright Star Academy where they met the founder Eva and children ranging from the ages of 4 to 10 years. The space in the school was small with multiple lessons going on in the same room. However, the atmosphere was very positive, and the children were focused and eager to learn. Our team read with and did colouring tasks with the children.

In the nursery section, the team witnessed to about 57 kindergarten children who prayed to accept Jesus into their hearts. Also, with the older children, 9 of them prayed to accept Jesus. The team also prayed for the director of the school as she believes God to help her build the new school on the land she has purchased and for God to supply their needs.



Kibera - HOYWIK School

The second team went to the HOYWIK educational centre. HOYWIK stands for **H**umanity, **O**rphans, **Y**ouths and **W**idows in Kibera; it is a community-based school that caters for very vulnerable children in the informal settlements of Kibera. The team first had a meeting with the staff where the Director, Mr Zachary shared the vision of the school and outlined the planned activities for the day. It was clear from the outset, that the director had a clear vision for the school, and this was reflected in the attitude of the teachers and ultimately the students – there was a very high level of engagement from the start.

After meeting with the staff, the team split into three groups and had mentoring sessions with the students who were split into 3 age groups. During these sessions, students shared their ambitions and concerns and the FI teams shared their own experiences and talked to the children about Jesus. All the children in the nursery accepted Jesus as lord as they prayed and sang ‘into my heart’. The response of the older children in years 10-12 was the same, they all prayed to accept Jesus into their hearts.

After these very moving sessions, the staff, students and FI team had a fun time painting their blackboards after which we prayed, danced and ate together. The day culminated with a tree planting ceremony to commemorate our visit to the school and plenty of photographs. This was a truly awesome experience and a very positive way to finish our work on the mission trip – Even in this massive slum where poverty meets you at every turn, God has raised passionate and visionary people to give hope of a better future to the next generation.



Bye Bye Nairobi

We woke up to the news that our flight had been delayed for over 2 hours. After stalling as much as we could, we made our way to the airport where we said our goodbyes to Terry, Joseph and Dominic that had helped us during our stay in Nairobi. Our stay in Nairobi had impacted us in so many ways and we would not forget it in a hurry. Here are some highlights and comments from the FI team on their experiences in Nairobi:

"Kibera yielded life-impacting experiences; to be able to use first aid training on a young girl, pray for her and show her love is an unforgettable experience. Also, in Kibera to visit a school and pray and sing with the children about Jesus and plant a tree as a reminder of the meeting and future partnership was encouraging." - **Annalisa**

Abi's highlight: Bright Star school – Praying and witnessing to a group of 57 kindergarten children who gave their lives to Christ.

HOYWIK school, Kibera – "All kids in the nursery were led to the Lord and they received him as their personal Lord and Saviour singing 'Into my heart, into my heart, come into my heart lord Jesus, come in today, come in to stay, come into my heart lord Jesus'. It was a tearful but joyous moment at the same time." - **Vinuyon**



Five loaves and two fish ...

one of Jesus' miracles that has always fascinated me. How do we do that in today's world? In the lead up to this mission trip, it was my main prayer point. My focus was on the resources and fund raising but God had other plans to reveal to me just how He takes what we consider as little or insignificant and uses it to satisfy many, with surplus left over.

I was a bit sceptical beforehand as the programme was packed. How would we fit everything in? Visit all these projects and be impactful at the same time? Wouldn't we be spread too thin? But God brought 18 people together, each one equipped in their own unique and special way to make this Mission trip complete and successful. He used our gifts, talents, skills, wrapped up with the fruits of the Spirit that He had been pruning in us to bless others, each other and ourselves. So I needn't have worried. It was hard work and yes, we were exhausted, but God made us strong and able to do all that was planned, even giving us the opportunity to have a little time for ourselves to enjoy His creation and rest.

I was wowed and inspired by the passion, love, commitment and dedication which shone on the faces of and resonated in the words spoken by those whom we met during the trip. I saw this in Margaret, Terry and so many others. To work in these challenging situations for the betterment of others must be so fulfilling.

The need is real. But these people do not seek a handout, but a hand-up – through our affirmation, encouragement, impartation, prayers, skills and knowledge. Things that would be overlooked as insignificant in the society in which I live, are of such relevance and importance to the people we met. Suddenly it became clear. This is how God uses what we consider insignificant to bless so many. I didn't visit the prison, but I think having heard the testimony of those that did, that this was indeed one area that God performed a miracle. I had meant this to be something I did once, ticked a box, been there, done that. But God had other plans. I have been infected by a passion to use the little I have to bless those that need it, so now I am part of something which I know will be for good and for God. — Susan



Simple act of kindness ...

The experience with the Street kids and the orphanage was an eye-opener. It confirmed how so easy it is to be judgemental and the reason why there is a division between people across the world.

The simple act of kindness in providing food, drinks and the Gospel, advocating how much God loves them and how He has not forsaken them regardless of their circumstances, environment and actions was truly a humbling experience.

These kids were well educated in reading and expressing their aspiration which was extremely refreshing.

They did not want money, or charity, but wanted intentional people who were willing to dedicate their time and efforts in positioning themselves in their lives to make a difference, working and sharing ideas on how they can utilise their local resources to ensure sustainability. — Rey



All's well, that ends well. This is the beginning. All must be well

Our hearts are filled with the desire to continue to work with communities across Africa to make a difference. Our missions outreach demonstrates that it does not take too much to put a smile on the face of a child, to provide much needed health and education to forgotten and isolated communities, to give the means for financial independence to women and young people, and to share a word of hope and encouragement that could impact and change destinies forever.

It is impossible to do nothing! It is difficult to not care and so we are asking for your help. Help us to continue to transform lives and to change communities for generations. Help us to reach millions across Africa restoring back to them pride, hope and joy. Help us to make a difference so that many people you do not know will give thanks because of you and because you gave.

You can help us by partnering with Fresh Inspiration today and making a regular donation to us every month or giving us one off gifts every time you can. Every gift is valued and appreciated. Our bank details for all donations and gifts are below.

However If you would like to talk to anyone of us please do not hesitate to contact us by email at info@freshinspiration.org or you can call us on 07535 624081. We would love to hear from you. Thank you so much.

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Remember, we want them all to be so much better for generations because you gave!

... I will make you an object of pride forever, and a joy from generation to generation Isaiah 60:15

The photo album is available online: <https://drive.google.com/open?id=1h6Lm04Z2MbdzzBthjqjDKr9bQQPHjKJC>

